



Ukunakekela kulesi sikhathi se-CORONA

Amacebo amahlanu okuphila ngothando, ngaphandle kokwesaba

Lamacebo acashunwe ngemvume embhalweni ka Nathan Betts osihloko sithi, 'The Coronavirus: Choosing Love in a Time of Fear', eyayishicilelwe ku www.rzim.org.

1. Ukuzithoba

Kunzima ukuphila ngothando uma sikhathazekile. Kodwa umqondo ozithobile uyakwazi ukusisiza. Zinikeze isikhathi sokuzithoba nsukuzonke. Lokhu kuthatha umqondo wakho kuwubeke kuleso simo osidingayo sokuzithola ukhululekile emoyeni.

"Thula, wazi ukuthi ngingu Nkulunkulu." – Amahubo 46:10

2. Umkhuleko

Hlala ukhuleka. Kusuku lwakho zihlelele izikhathi zokukhuleka, umbize uNkulunkulu wakho ukuthi abenawe. Lokhu kuyisikhumbuzo sokuthi akukho esingakufeza ngawethu amandla. Sidinga ukusizwa nguye. Ngokukhala kwethu kuye, uzosabela.

"Khulekani ningaphezi, kukho konke bongani; ngokuba lokhu kuyintando kaNkulunkulu kuKristu uJesu ngani." - 1 Thesalonika 5:17-18

3. Lalela uNkulunkulu

Zinike isikhathi sokufunda nokuzwa ukuthi lithini iBhayibheli nsukuzonke. Lokhu kuyakusiza ukuqondisisa imfihlakalo kaNkulunkulu nendlela enza ngayo izinto kusukela emandulo – kwizikhathi zobunzima, zobhubhane, zezimpi, zendlala nezoxolo. Kuyasisiza futhi nokuthi siqondise akwenzayo ezimpilweni zethu nakumhlaba jikelele, esikhathini esiphila kusona.

"Ngalokho, bantwana bami, ngizweni; ngokuba babusisiwe abagcina izindlela zami. Yizwani ukulaya, nihlakaniphe, ngingakwenqabi." – Izaga 8:32-33

4. Ukuqondisisa

Ukuqondisisa kubalulekile ukuze ukwazi ukuthanda. Ukuze uthande umakhelwane, umngani noma ilunga lomndeni wakho kumele ubazi kabanzi. Lokhu kudinga ukubekezela nesineke. Kudinga ukuthi sibuzane imibuzo, silalelane.

"Ngakho ke uma kukhona induduzo kuKrestu, uma kukhona ukududuzeka kothando, uma kukhona inhlango kamoya, uma kukhona isisa nesihawu... Ningenzi lutho ngombango nangodumo lwezwe. Kepha ngokuthobeka nishaye sengathi abanye bakhulu kunani, yilowo nalowo angabheki okwakhe, kepha yilowo abheke nokwabanye." – KwabaseFiliphi 2:1,3-4

5. Ukucabangelana

Njengoba sikwi lockdown, kuzomele siqhamuke nezindlela eziphusile zokukhombisa ukunakekelana nesihe noma singekho eduzane naloyo muntu. Singaxhumana nabangani bethu ngocingo noma nge WhatsApp. Noma sithumele umlayezo wokubakhuthaza. Singabahlola labo asebekhulile nomakhelwane ababuthaka ukuthi baqhuba kanjani, ukubabonisa uthando.

"Thwalisanani imithwalo yenu, nigcwalise kanjalo umthetho kaKristu." - KwabaseGalathiya 6:2