



Kunakekela kulesikhatsi se-CORONA

Tinkhombandlela teBafundizi

YINI LEKUMELE UYENTE NANGABE WATISWA KWEKUTSI KUKHONA LOSHONILE?

“Lesi sikhatsi lesimatima kakhulu ngalesikhatsi bantfu labanyenti balahlekelwa timphilo tabo kabuhlungu ngenca yeligciwane lekhorona. Futsi nangesikhatsi sekulila, kumele sivikele bantfu lesibatsanzako. Kute sikolo semingcwabo ngesikhatsi seCovid-19. Kubafundisi labanyenti, nangabe kwenteka kwekucala, anati kwekutsi yini lekumele niyente.”

- Umbhishophi Malusi Mpumlwana, SACC



Njengemfundisi udlala indzima lesekcoka ekwesekeleni imindeni nangabe ishonelwe. Uyeluleka uphindze udvudvute ngaletikhatsi letimatima.

Kodvwa ngalesikhatsi seCovid-19, kumele uphindze usite imindeni kulandzelela imitsetfo yahlumende. Futsi lemitsetfo yemingcwabo akusimalula kuyiphocela!

Nangabe watiswa kwekutsi kukhona loshonile ebandleni lakho, cabanga kwekutsi kungenteka kutsi kuhlobene neCovid-19.

Tsatsa tinyatselo letifanele tekucaphela nangabe uvakashela likhaya kute utivikele ngekwakho uphindze uvikele nabo. Wonkhe umuntfu kumele agcoke sifonyo futsi bageze tandla tabo nobe basebentise tihlantamagciwane.

1. CALA NGEKUCINISEKISA KWEKUTSI UMNDENI WENTE LOKULANDZELAKO:

- Ubatisile bemtsetfo kute bete balandze sidvumbu. Sita umndeni ngekukhulumisana nemaphoyisa kanye nemngcwabi.
- Ushayele dokotela lekumele acinisekise lokushona ngaphambi kwekutsi umngcwabi atsatse sidvumbu.

2. CHAZA KWEKUTSI YINI LEVUNYELWE FUTSI YINI LENGAKAVUNYELWA

KHUMBULA!

Imitsetfo yemingcwabo yahlumende ayikentelwe kungehloniphi imisimeto yebantfu yekungcwaba yesintfu. Yentelwa kuvimba leligciwane kwekutsi lingasabalali.

- Emalunga emndeni angabuka umtimba emoshali nobe etakhiweni temngcwabi.
- Umndeni, bangani nabomakhelwane bangakhombisa lutsandzo lwabo ngekushaya lucingo, nobe ngekutfumela imilayeto yeWhatsApp nemithandazo.
- Ngaphasi kweCovid-19 angeke kube nemilindzelo.
- Bantfu ANGEKE bete endlini kutewubona umtimba.
- Bantfu ANGEKE bavakashe kulelikhaya.

3. SITA UMNDENI KUHELELA UMNGCWABO

Bani nemhlangano wekuhlela umngcwabo nemndeni.

- Hlalani ngaphandle ebaleni kutewucocisana ngemalungiselelo emngcwabo, futsi uchaze imitsetfo yeCovid-19.
- Beka tihlalo kudze naletinye ngaphandle. Wonkhe umuntfu kumele agcoke sifonyo.
- Sita kuchaza lemitsetfo emndenini.

Balayele kuTiluleko Temngcwabo teMindeni ku churchinaction.org.za.

- Cocisana nemndeni ngekutsi umngcwabo utawubanjwa kuphi.

Bonkhe bantfu kulenzawo kumele babe kudze nalabanye ngemamitha lama-1.5 kuto tonkhe tinhlangotsi. Ngako-ke, linani lebantfu labatawuba senkhonzweni batawuya ngebukhulu bendzawo. Kodvwa kute indzawo letawuba nebantfu labangetulu kwema-100.

Nangabe kukhonakala, kuncono kubamba inkhonzweni ngaphandle.

- Gcugcutela umndeni kwekutsi ungcwabe masinyane.
- Cabanga ngekwenza ividiyo letawutfunyelwa laba labangeke bakhone kuhambela umngcwabo.

INKHONZO YEMNGCWABO

“Balingani bami bebafundisi, nine nami sitawubukana naletincabhayi. Lesimo setfu sidzinga umtsetfo locinile. Kuphepha kuphambili kuwo wonkhe. Livesi lami lwekweluleka litsi: ‘NKhulunkhulu akakasiphi umoya wekwesaba, kodvwa usiphe emandla nelutsandvo nemcondvo lophilile/nemphatfocatsa’ (Timothy wesibili 1:7).” - Umfundisi Reiner Focke

KULUNGISELELA INDZAWO YEKUBAMBA INKONZO

Ngumsebenti wakho kulungiselela indzawo yekubamba inkonzo lapho kutawuba nemngcwabo khona. Buka mitsetfo.

Kumele wente lokulandzelako:

- Ucinisekise kwekutsi bantfu bayohlolwa kuto tonkhe tindzawo tekungena kuhlola timphawu teCovid-19.
- Gcina irejista yabo bonkhe bahambeli bemngcwabo nemagama, emakheli nemidanti yekutsintsana.
- Enta emalungiselelo ekuhlala ngekuchelelana.
- Cinisekisa kwekutsi bantfu labahambele inkonzo abendluli kuma-100, kufaka ekhatsi umfundisi nemalunga emndeni.
- Cinisekisa kwekutsi kunetihlantamagciwane letanele netindzawo tekugeza tandla.
- Cinisekisa kwekutsi kuhlobiswa lendzawo yekukhonta ngaso sonkhe sikhatsi.



NGELUSUKU LWEMNGCWABO

- Kuhlabela yincenye yelusiko enkhonzweni yemngcwabo. Kodvwa yindlela lenkhulu leligciwane lelisabalala ngayo. Gcugcutela bantfu kutsi bahlabele babindzile ngetinhlitiyo tabo. Nobo cophakhiwaya nobe umculi wesolo ahlabele kucala bese udlala lelirekhodi.
 - Yenta lenkonzo ingandluli ngetulu kweli-awa linye. Kuhlangana kwebantfu sikhatsi lesidze, kwandzisa ematfuba ekusabalala kweligciwane.
 - Wonkhe umuntfu lohambele inkonzo, kufaka ekhaya labo labayihlako, kumele bagcoke tifonyo futsi bachelelane.
 - Kute kuhlangana nobe imisebenti letawentiwa ngemuva kwemngcwabo.
 - Kute kuhlatjwa kwemfuyo, litiya, nobe tidlo temabhafethi letivunyelwe ngaphambi nobe ngemuva kwemngcwabo.
- Ngobe angeke ugcoke sifonyo uphindze udle ngesikhatsi sinye! Kwabelana ngetinsitakudla nangetinkomishi nako kuyingoti kakhulu.*
- Yentani umndeni netivakashi kwekutsi bavisise ngekutsi akunakudla kulomngcwabo. Akusiko kungabi nesineke nobe kungahambisani nemoya webuntfu ngekutsi akunakudla. Kukhombisa kukhatsateka kwenu ngebanganani benu ngesikhatsi seCovid-19. Nifuna kubavikela.
 - Nangabe umuntfu bekahambele umngcwabo atfolakala aneCovid-19 ngekhatshi kwemalanga lali-14 ngemuva kwemngcwabo, KUMELE bakwatise.